

Home Dialysis Update



The
HOME
Network™

Educate, Enable, Empower

Established 2009

A triannual newsletter published by the HOME Network
Edition 6—July 2019

Welcome to the sixth edition of *Home Dialysis Update*, our newsletter from the HOME Network

Welcome to the latest edition of our newsletter, which we hope continues to help keep you updated on our latest news and provide you with vital 'Home dialysis' tips and information.

In this edition, we welcome our newest members of the HOME Network: Carol Armstrong from Western Australia and Helen Hall from Tasmania. We also say farewell to Andrew Reynolds, who leaves the HOME Network having moved to a new position outside of renal care.

The planning for the HOME Network's 10-year Anniversary Celebration is well underway! We are planning a fantastic event to share the HOME Network's achievements as well as looking to the future—the next 10 years! Cross your fingers our fundraising for this event will be successful.

In addition, we are very close to launching our latest two initiatives: The "Meeting in a Box" Resources and "The HOME Network Telehealth & Remote Monitoring Start-up Tool Kit (THN-TERMS)". You will find out more about these initiatives on Page 4 of the newsletter.

Finally, it's full steam ahead with TEACH-PD! More engagements. More funding secured. More research activity and progress. Our TEACH-PD update is on Page 2.

Enjoy this edition of our newsletter, in which we continue to highlight opportunities for promoting and celebrating the HOME Network through memberships, innovations, funding, research development and partnerships.



Chairperson's Message

By Josephine Chow

While there were so many times in the past few months that I thought I wouldn't get it all done, here I am on the other side, having almost forgotten how hard it's been! (Why does our brain do that?!) But what I haven't forgotten is how I made it to the other side, so that I can share all of our latest work and successes with you today. I am so grateful to the dedicated members of the HOME Network (and of course our Associate Members, friends and partners) who have stepped up to help with the unusually high workload. Thank you also to the many people in my personal and professional life who have been understanding of my slower than usual responsiveness via text/phone/email.

Lastly it was also the kindness I gave myself when I felt I was dropping the balls and not doing my best that meant I was able to bounce back and get it all done. Sometimes, giving yourself permission to just do what you can is what actually gets you through... it's something I think we all need to remember... to be kind to ourselves! That's the advice I want to share with you all today, as you read all about what we've been up to over the last few months. Enjoy!



Let's celebrate
10 years!

This year, we're going to do things a bit differently

10th Anniversary Meeting

To celebrate our successes
over the last 10 years!

Attended by:

THN members (past and present)
Nephrology community – nephrologists, nurses
Partner representatives: AKTN, industry partner
Nephrology organisations: RSA, ANZSN, KHA
Politicians and other policy influencers
Patients and carers



The HOME Network is celebrating our 10 Year Anniversary... Watch this Space!!

Guess what?! Can you believe it has been 10 years since the HOME Network was formed? That's 10 years of passion, partnerships, hard work and huge successes for the HOME Network and our partners.

We want to include all our members, partners and friends as we celebrate this important event. Therefore, we're extending the invitation to include all members of the nephrology community to join our celebrations, as well as some of the patients and carers who can share their experiences with home dialysis. This is all part of our future direction and goals (for the next 10 years?!) as we become more active in the HOME revolution to advocate for home dialysis, as well as taking this well-earned opportunity to celebrate 10 years since the HOME Network first formed! More information coming soon.

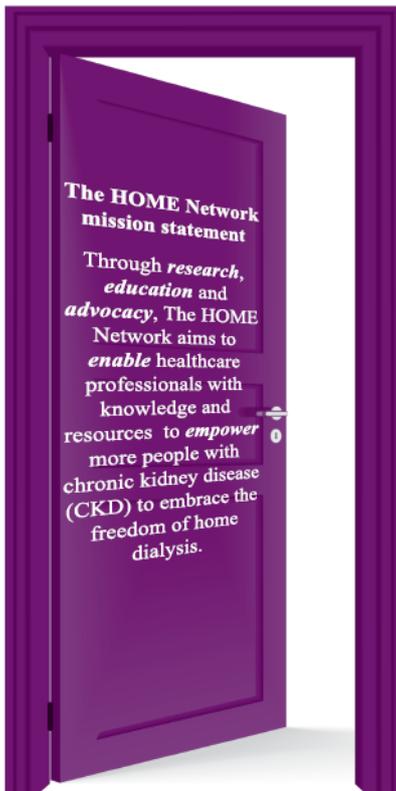
The HOME Network: who are we?

By Josephine Chow, Chairperson

The HOME Network is a national initiative that brings together a solution-focused group of home dialysis healthcare professionals from across Australia. The group draws upon all levels of evidence to provide insights and practical options for colleagues throughout Australia to facilitate a positive change towards increased use of home dialysis.



Established 2009



Since its establishment in 2009, the HOME Network has had considerable successes in developing resources for patients and healthcare professionals in line with its objectives and making optimal use of members' time available to commit to projects.

Through a directed process of reflection and analysis of strengths, weaknesses and opportunities, the HOME Network has refined its vision and mission to identify solutions and strategies to promote and enhance home dialysis.

Today, members are committed to driving outcomes aligned with the group's renewed strategy and working towards achieving our overall mission statement "Through research, education and advocacy, the HOME Network aims to enable healthcare professionals with knowledge and resources to empower more people with chronic kidney disease to embrace the freedom of home dialysis".

The HOME Network has been working within three focus areas:

- **Healthcare Professional Education:** Improved awareness, knowledge and training about home dialysis for healthcare professionals.
- **Patient Factors:** Targeted action that enables healthcare professionals to address factors impacting on the ability of Australians with CKD to embrace the freedom of home dialysis.
- **Technology and new initiatives:** Support for new initiatives and technologies that strengthen home dialysis utilisation as part of establishing flexible and innovative models of care that strengthen support for people on home dialysis including their carers.

Working in these three focus areas is part of our continuing campaign to drive increased uptake of home dialysis across Australia. We hope you will lend your support as we work together to keep pushing for world class home dialysis care for our patients.

TEACH-PD Update - A Targeted Education Approach to improve Peritoneal Dialysis outcomes (TEACH-PD)

Nurse-led Research:

- Co-Principal Investigators: Professor Josephine Chow & Professor Neil Boudville
- Lead, THN Healthcare Professional Education Group: Melinda Tomlins

The TEACH-PD training curriculum and material have been developed by a core group of renal nurses from the HOME Network (THN) in conjunction with senior medical clinicians from the Australasian Kidney Trials Network (AKTN), eLearning curriculum developers, consumer representatives, and education experts, in line with the ISPD guidelines, utilising modern adult learning principles and best practice eLearning techniques.

The TEACH-PD Cluster Randomised Controlled Trial is a pragmatic phase 4, multi-centre, multinational, cluster-randomised controlled trial (CRCT), randomising PD units to implement TEACH-PD training modules targeted at PD trainers and incident PD patients versus standard existing practices.



Current status of progress: To date, the Trial Steering Committee has secured 28 PD units (58%) in Australia and 11 PD Units (100%) in New Zealand to participate in the CRCT. Ethics application was approved for Australian sites in March 2019 and 4 sites activated to date. And ... the first patient has been recruited! The TEACH-PD trial is formally underway.

Funding: In March 2019, TEACH-PD was successful in the Medical Research Future Fund (MRFF) round on Rare Cancers, Rare Diseases and Unmet Clinical Need Clinical Trials Program and received \$2,38M. This is in addition to the ~\$500,000 the team has already raised through Queensland government and industry. In addition, on 28 June 2019, TEACH-PD was also successful in the Health Research Council of New Zealand of \$1,43M over a 5 year grant.

KEEP STRIVING TEAM!!

For more information, please visit: <https://aktn.org.au/trials/trials-in-development/teach-pd-crct/>

The HOME Network Member Profile



Name: Natasha Darby, HB New Zealand

Role: RN Renal PD, CNS Cardiology

What is your role and where are you from?

My current role involves working between the Renal and Cardiology units at the Hawkes Bay Fallen Soldier's Memorial Hospital. I have been a renal nurse for the past 15 years, specialising in peritoneal dialysis, and for the last 2 years I have worked alternating weeks between Renal and Cardiology Department.

How long have you been a member of The HOME Network: I am new to the HOME Network since early 2018.



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What prompted you to join The HOME Network: I am passionate about PD and I wanted to represent the New Zealand perspective. The fact that the HOME Network has such a great group of people who are like minded and also passionate about making a difference in this area was a definite reason for me wanting to join this group.

What projects have you been involved in: As I am new to the HOME Network, I am just finding my feet. I was fortunate to attend the last Home Network meeting in 2018 and participate in some of the discussions around upcoming projects.

Future plans with The HOME Network: I am looking forward to all the exciting opportunities ahead, including the launch of Teach-PD in NZ, and working with this inspiration group of people to continue to improve education and resources for people living with renal disease.

2019 RSA Conference

By Tanya Smolonogov

The annual RSA conference was held in Auckland, New Zealand this year from the 27-29 June. There were over 450 delegates that attended the conference. The theme was “Asking the Hard Questions!”

The Opening Ceremony was amazing and showcased the traditional Maori welcome and of course the customary Haka that was received with much excitement! What a way to get the conference started!

There were many keynote speakers, followed by two concurrent sessions over the course of the conference. For something different the RSA ran their workshops on the last day of the conference after the Closing Ceremony. These included workshops on Vascular access, Practical patient assessment, Attracting PD patients, NP and advanced practice nurses and a practical guide for conducting research.

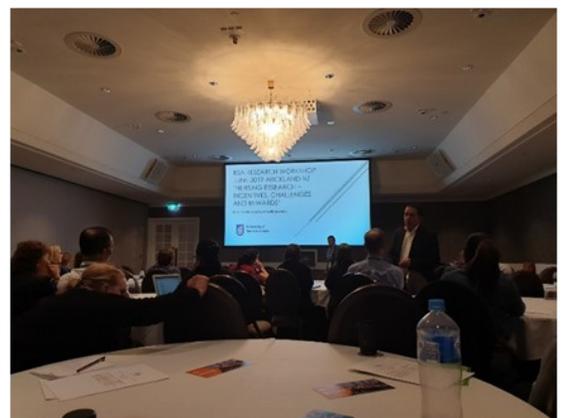


The first keynote speaker was Nigel Latta, who is a well-known clinical psychologist and TV presenter, amongst wearing many other hats. He presented on hard questions for stone aged brains - this was a blend of real world pragmatism, latest psychological research and humour, presented in an engaging and thought-provoking manner that was translatable to our renal patients and to us as renal nurses.

Renal nurses and allied health members presented on new innovations, vascular access, fat stigma, nutrition, workforce, mentorship, community dialysis houses to encourage and support patients who cannot do a home therapy due to housing issues, PD and QOL, amongst many other thought-provoking and interesting topics.

There was also a fascinating talk by a presenter from the National Kidney Foundation of Samoa, Christina Poloai, who highlighted that kidney disease is a growing concern in Samoa and described the significant financial implication it has on the national health budget. Christina outlined the establishment of the National Kidney Foundation of Samoa to provide Renal Replacement Therapies, Prevention screening and awareness programmes and local workforce development.

It was a great program this year and I am now looking forward to next year's conference in Melbourne from the 25-27 June 2020, with the theme being “Unite and Ignite Renal Care: The Next Decade”. See you there!!



News & Resources

The HOME Network Telehealth & Remote Monitoring Start-up Tool Kit (THN-TERMS)

Over the last few months, the HOME Network has been working with telehealth industry partners to develop a Telehealth Project Start-up Tool Kit specifically for renal support programs e.g. home dialysis, remote area dialysis support, patients with kidney disease or related diseases. Setting up a telehealth program can be daunting. This tool kit, which we call THN-TERMS, has been developed to provide guidance and processes designed to assist those looking to set up or undertake a renal telehealth program or research project. This is by no mean an exhaustive resource and is a work in progress.

The THN-TERMS tool kit includes:

- TELEHEALTH LITERATURE REVIEW
- PROJECT SCAN
- RENAL APPS SCAN
- PROJECT_SCHEDULE_TEMPLATE (GANNT CHART)
- ON_BOARDING_PROCESS_FLOW
- OFF_BOARDING_PROCESS_FLOW
- COMPLIANCE AND STANDARDS
- SCAN OF TELEHEALTH VENDORS
- PROJECT MANAGEMENT PLAN TEMPLATE
- RISK-ISSUES-LESSONS-REG-TEMPLATE
- EXAMPLE FORMS TEMPLATES



This is a very exciting project and we're almost ready to share the tool kit with you. The HOME Network Web Master is finalising the new Webpage to host this resources, which we hope to share with you very soon! Stay tuned for more information!

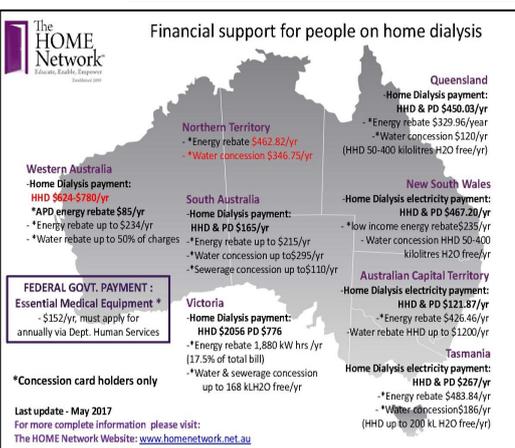
HOME Ed: "Meeting in a Box" resource series - coming soon!

It's been a very busy time for the HOME Network! Over the last while, we have also been developing HOME Ed, a standardised presentation and meeting resource series to support educational meetings, with the goal to enable healthcare professionals with knowledge and resources to promote, educate and support the Australians who are diagnosed with CKD to choose and implement the home dialysis option.

These materials include:

- Core slide sets, including speaker notes on key topics
- Editable PDF templates to help prepare and run educational meetings —Invitation; Promotional poster; Meeting evaluation form; and a Certificate of attendance that can be personalised for all participants
- Presenter's guide.

This is fast approaching completion and will soon be made available through the Resources section of our website, www.homenetwork.net.au.



Financial Fact Sheet

Since 2011, the Financial Taskforce of the HOME Network (previously in conjunction with the Kidney Health Australia), have developed State and Territory specific financial support fact sheets which provide information about the financial concessions and payments available to people at home on dialysis. These financial assistance available for people at home on dialysis differs for each State and Territory in Australia. These fact sheets has acted as an enabler to support financial lobbying activity.

These fact sheets have been reviewed in the past few months and the update versions will be uploaded in the HOME Network Website shortly.

Find out more on The HOME Network website:
<http://www.homenetwork.net.au/>

Our Associate Members have a passion for home dialysis!

The HOME Network would like to welcome our newest Associate Members – our membership continues to grow strongly as a result of our newsletters being sent out! When you sign up to be an Associate Member, we ask you to share with us why you are passionate about home dialysis. We've had some amazing and insightful responses, and we thought it would be great share some of the responses with readers.



- *“Because it gives people a greater chance at a more 'normal' life, when they can dialyse at their own pace and in their own environment.”* (Registered Nurse, QLD)
- *“I am passionate about improving the quality of life for people suffering from chronic kidney disease.”* (Registered Nurse, NSW)
- *“I enjoy keeping people out of hospital and keeping them in their communities!”* (Clinical Nurse Specialist, VIC)
- *“Because I am a PD nurse and every day I see the difference for patients who are able to be independent at home with our support.”* (Registered Nurse, NZ)
- *“I feel that when patients are actively involved in their care they feel more empowered and ultimately take more responsibility for their health. Home dialysis allows patients the power to look after their own care needs with health care support in a way that best fits into their lifestyle.”* (Renal Coordinator, NSW)
- *“I see patients do well on home therapies and usually offer this as first option for starting dialysis.”* (Clinical Nurse Specialist, WA)
- *“Because it is the best! Worked in PD and HHD and Now PD since 2004.”* (ANUM, SA)

Why are YOU passionate about home dialysis?!

Join the HOME Network as an Associate Member and share your thoughts on the power of HOME.
See below for more information on how to become an Associate Member.

Feedback about our newsletters has been very positive and has influenced how we continue to put these together. If you know of any colleagues who may be interested in reading our newsletter, please forward a copy and let them know how they too can join as an Associate Member (see below for more information).

The HOME Network's website at www.homenetwork.net.au is a great place to go find out about our past and current projects underway in this exciting area. We have recently added some new resources and publications to the website. You can also email Josephine Chow (the HOME Network Chairperson) at contact@homenetwork.net.au for more information about the HOME Network and the group's activities.

Finally, if you have any news relevant to home dialysis to share, please email the editor at news@homenetwork.net.au.



Share your big idea!

At the HOME Network, we aim to increase HCP networking and to share some of the novel ways in which we as healthcare professionals are making a difference for our CKD patients. Often, there are fantastic projects underway locally that we believe deserve a national platform for sharing.

Help us by sharing your ideas and ways in which you are supporting your CKD patients to choose the home dialysis option! Please email the editor at news@homenetwork.net.au to share your big idea. We will publish a selection of great ideas in each newsletter. Please include your contact details so that colleagues may get in contact to learn more.

(And... stay tuned for more news about how we plan to support the sharing of ideas in future!)

Join the HOME Network as an Associate Member!

We hope you enjoyed reading this edition of the HOME Network newsletter, *Home Dialysis Update*. It's an exciting time for the HOME Network and home dialysis. If you're not already an Associate Member, now is your chance to join us!

As an Associate Member, you will receive our newsletters containing articles, information and advances in the field of home dialysis as well as information about upcoming events. This is also the first place you will hear about our new projects starting – your chance to get involved in a project that you feel passionate about.

To join as an Associate Member, use this link to enter your details: <https://www.surveymonkey.com/r/35DWRRV>

Please share this link with any healthcare professional who you think would be interested in joining as well.

Acknowledgements

The HOME Network would like to thank the following members and supporters for their time and input into the development of this Edition of the *Home Dialysis Update* newsletter: Caroline McNaught (Editor), Paula Woodward, Jerome Pong, Natasha Darby, Tanya Smolonogov, Melinda Tomlins, and Josephine Chow. We would also like to acknowledge our ongoing partnership with the Kidney Health Australia, the Renal Society of Australasia and the Australasian Kidney Trials Network.